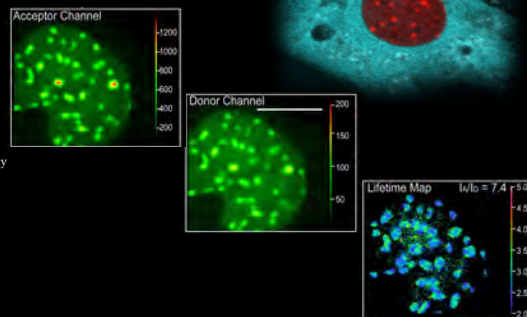


## FRET and FLIM: monitoring biosensor activities and protein interactions in living cells

Richard N. Day, Ph.D.



O'Brien Center Workshop  
IUSM  
April 12, 2017



## Overview

- Förster (Fluorescence) resonance energy transfer (FRET):
  - Why FRET?
  - Spectral overlap and spectral bleedthrough.
- Methods used to detect FRET:
  - FRET by spectral bleedthrough correction.
  - Acceptor photo-bleaching FRET.
  - Fluorescence lifetime imaging microscopy (FLIM).
- ❖ Motive - introduce FLIM method for intravital imaging.

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## Overview

- Förster (Fluorescence) resonance energy transfer (FRET):
  - Why FRET?

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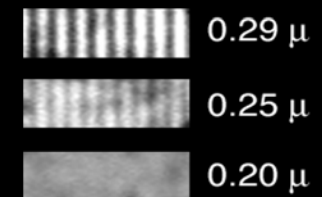
## Resolving power of the light microscope



- The wavelength of the illuminating light and the numerical aperture (NA) of the objective limit optical resolution of the *conventional* light microscope to ~200 nm:

Rayleigh equation for resolution:  

$$r = 1.22 \lambda / 2NA$$
 or more simply  $r = 0.61 \lambda / NA$   
 where  $r$  is the distance separating two adjacent particles that can be resolved.



John Murray in Live Cell Imaging: A Laboratory Manual, 2<sup>nd</sup> Edition, 2010

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## What is FRET and why use it?

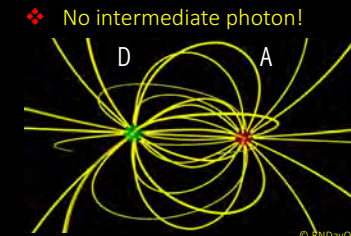
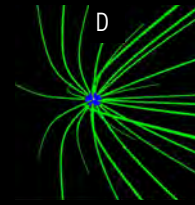


- Newer super-resolution techniques offer several fold improvement in resolution (40 – 100 nm; **SIM, STED, PALM...**).
- Much greater resolution is necessary to detect protein-protein interactions or biosensor conformational changes in living cells.
- FRET microscopy measures the direct transfer of excited state energy from a donor fluorophore to a nearby acceptor that **can only occur over a distance less than 80Å**.
- FRET microscopy can provide measurements of the spatial relationship between fluorophores on the scale of ångstroms.

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## FRET measures the spatial relationship between fluorophores

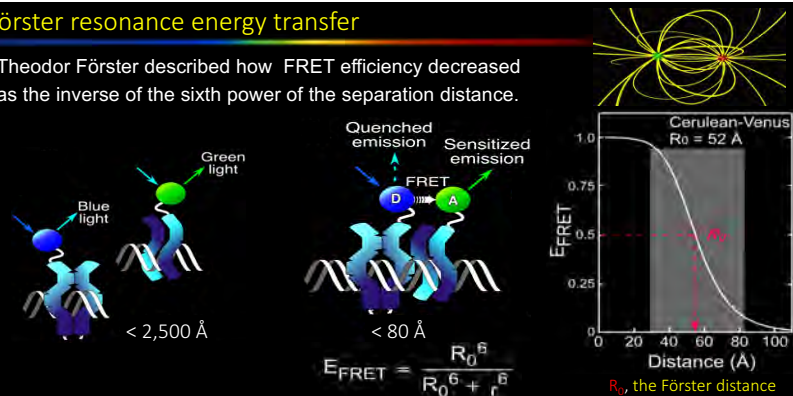
- A fluorophore in the excited-state is an oscillating dipole that creates an electric field (the donor - **D**).
- If another fluorophore (the acceptor - **A**) enters the electric field, energy can be transferred directly by **dipole-dipole coupling**.



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## Förster resonance energy transfer

- Theodor Förster described how FRET efficiency decreased as the inverse of the sixth power of the separation distance.



- The detection of FRET indicates the **fluorophores** are separated by less than **~ 80Å**.

Energiewanderung und Fluoreszenz Naturwissenschaften (1946)  
Translated in: Suhling (2012) JBO 17(1):011002

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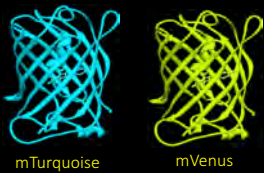
## Overview

- **Förster (Fluorescence) resonance energy transfer (FRET):**
  - Why FRET?
  - Spectral overlap and spectral bleedthrough.

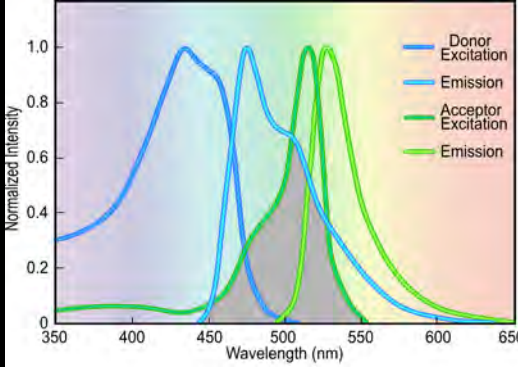
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### Spectral overlap is necessary for FRET

- Förster recognized that the spectral overlap determines the probability of resonance.



mTurquoise      mVenus



Normalized Intensity vs Wavelength (nm)

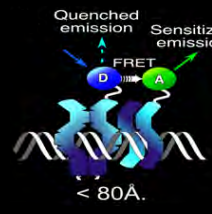
- Donor Excitation
- Emission
- Acceptor Excitation
- Emission

- The donor emission spectrum must significantly overlap the absorption spectrum of the acceptor;
- the more overlap → more efficient energy transfer.

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### Spectral bleedthrough background signals

- The more overlap, the more background → spectral bleedthrough (SBT).

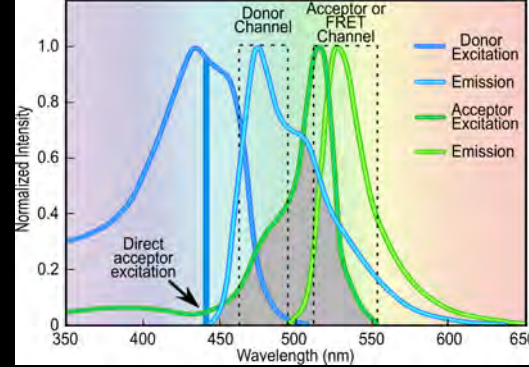


Quenched emission      Sensitized emission

FRET

D      A

< 80Å.



Normalized Intensity vs Wavelength (nm)

- Donor Excitation
- Emission
- Acceptor Excitation
- Emission

Donor Channel      Acceptor or FRET Channel

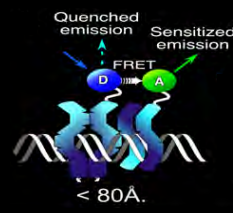
Direct acceptor excitation

- Acceptor cross-talk: direct acceptor excitation

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### Spectral bleedthrough background signals

- The more overlap, the more background → spectral bleedthrough (SBT).

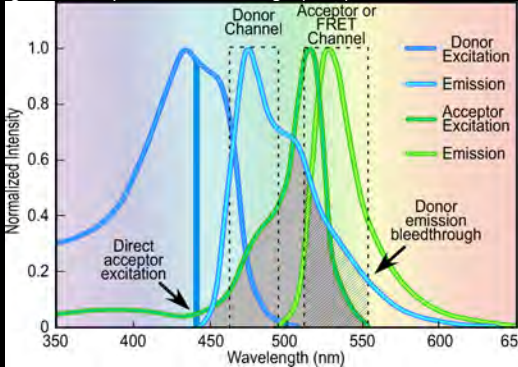


Quenched emission      Sensitized emission

FRET

D      A

< 80Å.



Normalized Intensity vs Wavelength (nm)

- Donor Excitation
- Emission
- Acceptor Excitation
- Emission

Donor Channel      Acceptor or FRET Channel

Direct acceptor excitation

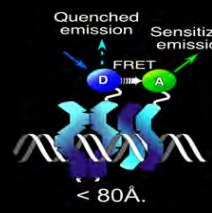
Donor emission bleedthrough

- Acceptor cross-talk: direct acceptor excitation
- Donor bleedthrough: emission in FRET channel

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### Spectral bleedthrough background signals

- The accurate measurement of FRET by sensitized acceptor emission requires removal of SBT!

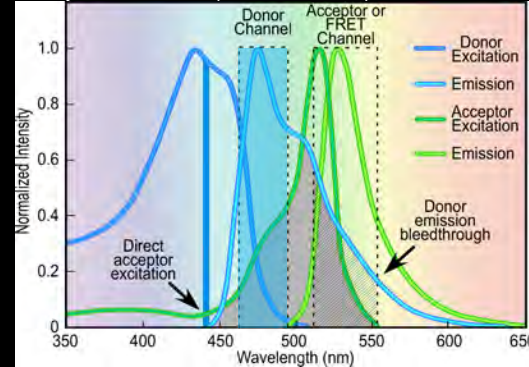


Quenched emission      Sensitized emission

FRET

D      A

< 80Å.



Normalized Intensity vs Wavelength (nm)

- Donor Excitation
- Emission
- Acceptor Excitation
- Emission

Donor Channel      Acceptor or FRET Channel

Direct acceptor excitation

Donor emission bleedthrough

- Alternative methods that detect the effect of FRET on the donor are not subject to SBT.\*

\* There can be acceptor back-bleedthrough if the donor band-pass is too wide

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## Overview

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- Förster (Fluorescence) resonance energy transfer (FRET):
  - Why FRET?
  - Spectral overlap and spectral bleedthrough.
- Methods used to detect FRET:

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## The use and abuse of FRET imaging

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- The genetically encoded FPs led to a dramatic increase in the use of FRET measurements to detect protein interactions in living cells.
- A consequence of this newfound popularity has been the “degradation in the validity of the interpretations” of these experiments.

S. S. Vogel, C. Thaler and S. V. Koushik, Sci STKE, 2006, 2006, re2.

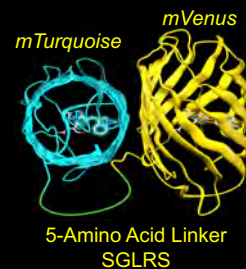
- It is often difficult to directly compare the accuracies of different methods.
- ❖ Use “FRET Standards” to characterize the experimental system.
- ❖ Use more than one FRET method to verify the results.

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## The genetically encoded ‘FRET Standards’

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- Numerous methods have been developed to measure FRET, but their accuracy is difficult to determine.
- A simple solution was to develop FRET reference proteins derived from genetically encoded FP fusion proteins.
- Several different FRET methods are used to acquire measurements from cells expressing the fusion proteins to verify their use as standards.
- Model to compare FRET donors and acceptors.



Thaler et al. (2005) Biophys. J 89:2736

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## Methods used to measure FRET

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- There are many different ways to measure FRET (here are a few):

### 1. Spectral bleedthrough correction:

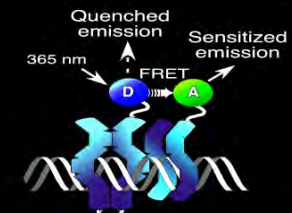
$$E = \text{FRET} - [\text{Spectral cross-talk}]$$

### 2. Acceptor photo-bleaching:

$$E = (I_{D_{\text{post}}} - I_{D_{\text{pre}}}) / I_{D_{\text{post}}}$$

### 3. Donor lifetime measurements:

$$E = 1 - (\tau_{DA} / \tau_D)$$



- ❖ For intravital imaging - ratiometric imaging of biosensors (1:1 donor:acceptor) or lifetime are the most useful methods to measure FRET.

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### Overview

- Förster (Fluorescence) resonance energy transfer (FRET):
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  - Spectral overlap and spectral bleedthrough.
- Methods used to detect FRET:
  - FRET by spectral bleedthrough correction.


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### Spectral overlap is necessary for FRET

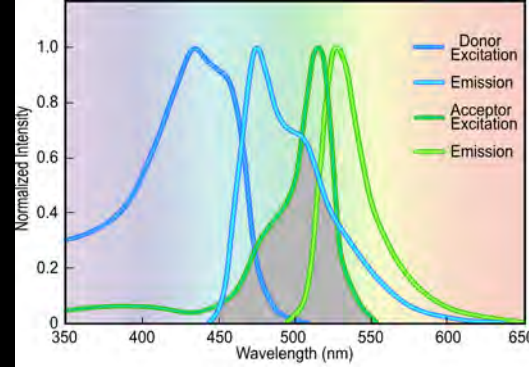
- mTurquoise and mVenus are among the better FP FRET pairs because they have substantial spectral overlap:



mTurquoise



mVenus



mTurquoise QY = 0.84  
 mVenus EC = 92,200 M<sup>-1</sup> cm<sup>-1</sup>

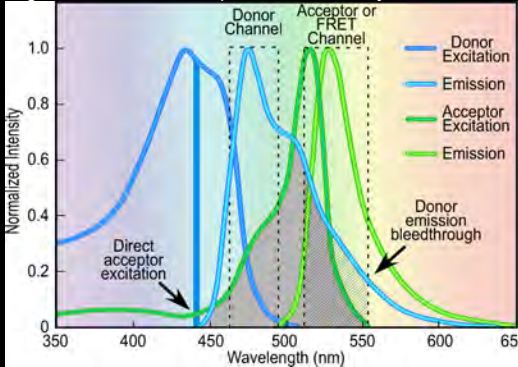
$$J(\lambda) = \left(\frac{0.78}{2.52}\right) (92,200) (528)^4 = 2.2 \times 10^{15}$$

$$R_0 = 0.211 [(0.667) (1.4)^{-4} (0.84) (2.2 \times 10^{15})]^{0.167} = 55\text{\AA}$$

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### Spectral bleedthrough correction methods

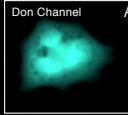
- mTurquoise and mVenus are among the better FP FRET pairs because they have substantial spectral overlap:
- but **spectral bleedthrough** into the FRET channel is a significant problem.
- ❖ Correction techniques are needed to identify and remove spectral bleedthrough from the FRET channel.




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### FRET by spectral bleedthrough correction

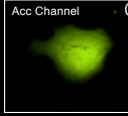
- Most imaging systems come with a computer algorithm for SBT correction (there are Image J plugins).
- **SBT background images:**
  - A. Donor alone - Don Channel
  - B. Donor alone - FRET Channel
  - C. Acceptor alone - FRET Channel
  - D. Acceptor alone - Acc Channel
- **Experimental images:**
  - E. Experimental - Don Channel
  - F. Experimental - FRET Channel
  - G. Experimental - Acc Channel




Don Channel A




FRET Channel B



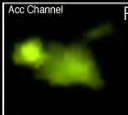
Acc Channel C




FRET Channel D



Don Channel E



Acc Channel F



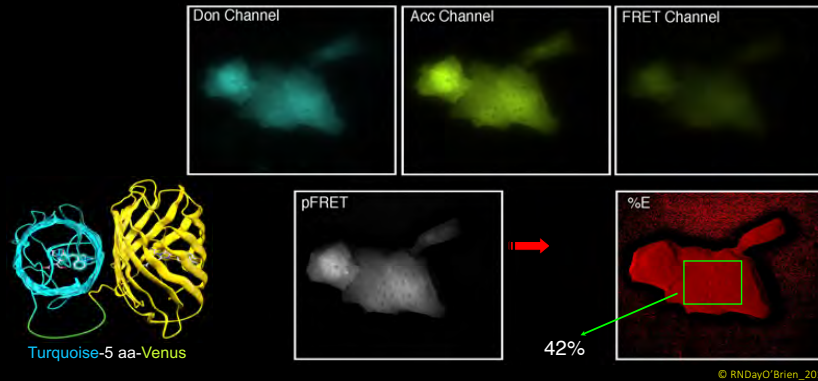
FRET Channel G

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### FRET by spectral bleedthrough correction

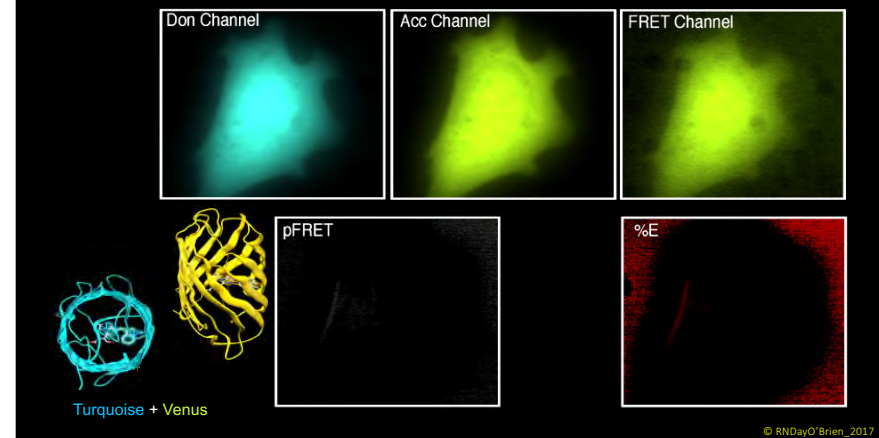
21

- The two spectral crosstalk components, determined from the control cell measurements, are removed from the FRET image.



### FRET by spectral bleedthrough correction: negative control

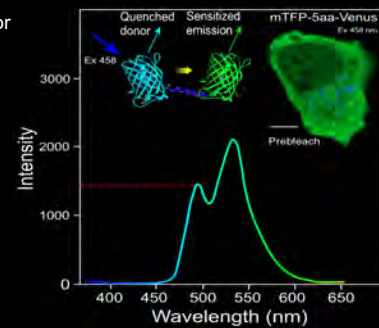
22



### Spectral FRET measurements

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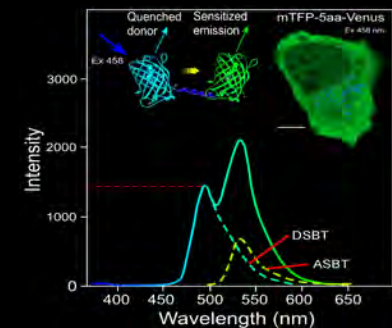
- Energy transfer results in quenching of donor emission and sensitized emission from the acceptor.
- Exciting the donor and acquiring the complete emission spectrum detects both events.
- This approach is called **spectral FRET**.



### Spectral FRET measurements

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- Spectral FRET** uses reference spectra obtained from cells expressing either the donor alone or acceptor alone.
- The method of **linear unmixing** removes donor spectral bleed through (DSBT).
- Bleedthrough correction** removes acceptor spectral bleedthrough (ASBT) from each image pixel.



## FRET by spectral bleedthrough correction

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- **Advantages:**
  - Simple algorithms available on most imaging systems.
  - Compatible with most types of imaging (difficulties with 2-photon).
- **Limitations:**
  - Very sensitive to quality of the control data.
  - Subject to artifacts of cell movement.



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## Overview

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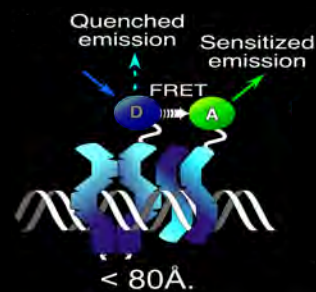
- **Förster (Fluorescence) resonance energy transfer (FRET):**
  - Why FRET?
  - Spectral overlap and spectral bleedthrough.
- **Methods used to detect FRET:**
  - FRET by spectral bleedthrough correction.
  - Acceptor photo-bleaching FRET.

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## Acceptor photo-bleaching

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- Energy transfer results in quenching of the D emission and sensitized emission from the A.



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## Acceptor photo-bleaching

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- Energy transfer results in quenching of the D emission and sensitized emission from the A.
- Photo-bleaching the acceptor relieves donor quenching (de-quenching).
- The increase in the donor signal is detected in the donor channel, which is free of SBT background.\*



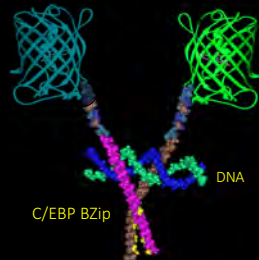
\* There can be acceptor back-bleedthrough if the donor band-pass is too wide

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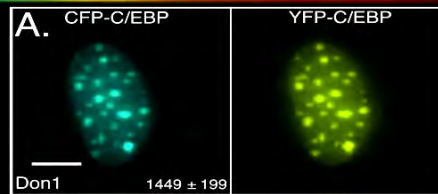
### Acceptor photo-bleaching in the cell nucleus

29

- C/EBP $\alpha$  dimerizes only when bound to DNA in the cell nucleus.
- C/EBP $\alpha$  binds to repeated DNA elements in heterochromatin.



FRET quenches the donor emission

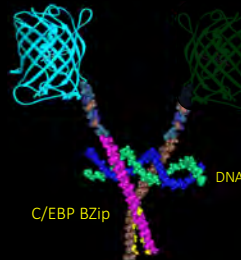


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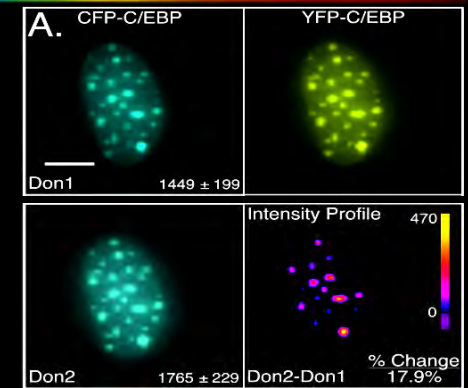
### Acceptor photo-bleaching in the cell nucleus

30

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- C/EBP $\alpha$  binds to repeated DNA elements in heterochromatin.



Acceptor photo-bleaching dequenches the donor

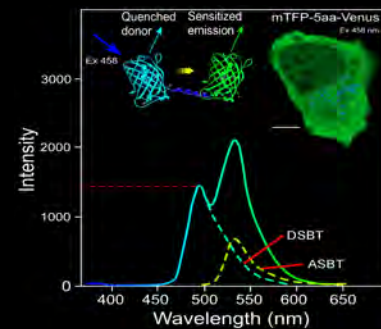


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### Confirming spectral FRET using acceptor photo-bleaching

31

- pb-FRET is commonly used to verify other FRET-based measurements.

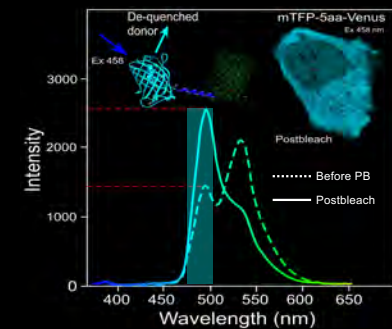


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### Confirming spectral FRET using acceptor photo-bleaching

32

- pb-FRET is commonly used to verify other FRET-based measurements.
- pb-FRET can be used in combination with other FRET methods – e.g., verify SBT correction methods.
- But, pb-FRET is an end point assay.



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## FRET by acceptor photo-bleaching

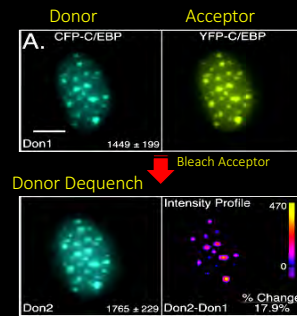
33

### Advantages:

- Simple approach that uses each cell as its own control; it can be very accurate.
- Commonly used to verify results from other methods.

### Limitations:

- Requires selective bleaching; dark-states and photo-switching can be problematic.
- Subject to artifacts of cell movement – limited to stable protein interactions in living cells.
- Endpoint assay - no dynamics.



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## Overview

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### Förster (Fluorescence) resonance energy transfer (FRET):

- Why FRET?
  - Spectral overlap and spectral bleedthrough.

### Methods used to detect FRET:

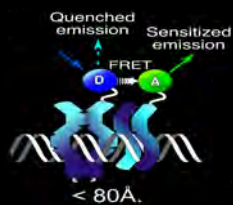
- FRET by spectral bleedthrough correction.
- Acceptor photo-bleaching FRET.
- Fluorescence lifetime imaging microscopy (FLIM).

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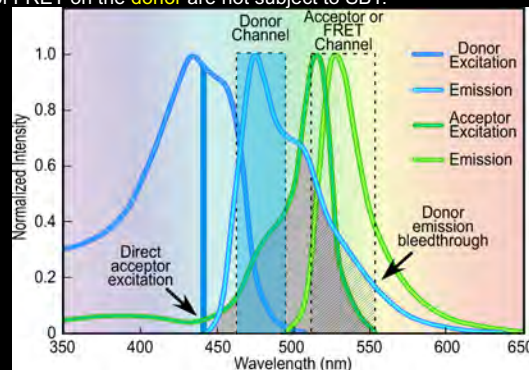
## Spectral bleedthrough background signals

35

- Methods that detect the effect of FRET on the **donor** are not subject to SBT.\*



- Fluorescence lifetime imaging microscopy (FLIM) measures the effect of FRET on the donor.



\* There can be acceptor back-bleedthrough if the donor band-pass is too wide

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## FRET by fluorescence lifetime imaging microscopy (FLIM)

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- The Jovin laboratory (1995) was the first to use fluorescence lifetime imaging microscopy (FLIM) to measure FRET.

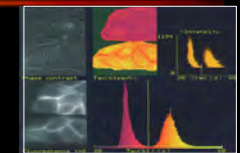
Gadella and Jovin (1995) J Cell Biol 129:1543

- Fluorescence lifetime ( $\tau$ ):** the average time a population of fluorophores spend in the excited state before returning to the ground state.

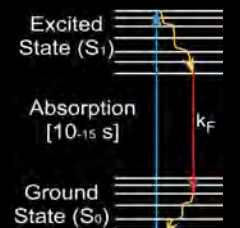
- Every fluorophore has an **intrinsic lifetime**:

Probe	$\tau_m$
Coumarin6 (EtOH)	2.5 ns
mTurquoise FP (cells)	3.9
HPTS (Pyranine) (PB, pH 7.8)	5.3
Fluorescein (PB, pH 7.5)	4.1

- A **mixture** of these probes with overlapping emissions can be **separated** by their individual lifetimes!



Change in lifetime with acceptor photobleaching

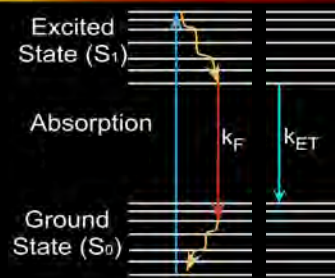


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## FRET by FLIM

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- Events in the probe environment that affect the excited state can change the lifetime – **molecular stop watch**.
- **FRET** is a quenching event ( $k_{ET}$ ), allowing transition to the ground state without fluorescence emission.
- Quenching events cause the **fluorescence lifetime to shorten**.
- ❖ **Fluorescence lifetime imaging microscopy (FLIM)** can accurately measure the change in lifetime resulting from FRET.



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## FRET by FLIM

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- To measure FRET by FLIM, only two measurements are required:
  - donor lifetime in the absence of acceptor ( $\tau_D$ ).
  - donor lifetime in the presence of acceptor ( $\tau_{DA}$ ).

$$E_{\text{FRET}} = 1 - (\tau_{DA}/\tau_D)$$

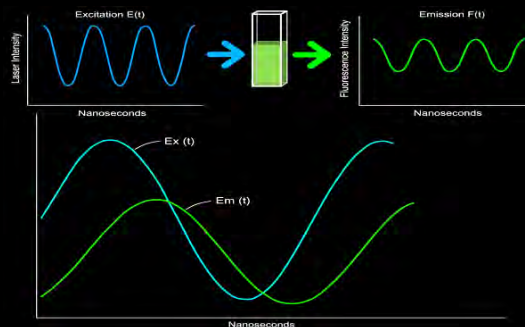
- Two different FLIM methods:
  - **Time domain** - uses a femtosecond pulsed laser and gated camera, and determines lifetimes by exponential decay fitting methods.
  - **Frequency domain** - uses excitation light modulated at radio frequencies, and determines lifetimes directly by phasor analysis.
- ❖ The physics that underlies the two methods is the same – they only differ in how the signals are analyzed.

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## Frequency domain FLIM measurements

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- In frequency domain, a continuous light source is modulated at high radio frequencies (usually 1-400 MHz) to excite the fluorophores.
- The emission signal from the fluorophores will also be modulated:

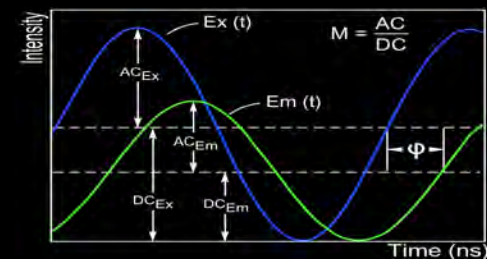


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## Frequency domain FLIM measurements

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- Because of the excited state lifetime, there is a delay in the emission relative to the excitation.
- This causes a phase delay ( $\Phi$ ) and a change in modulation ( $M$ ) of the emission signal relative to the excitation.



Phase delay:

$$\Phi$$

Modulation:

$$M = \frac{AC}{DC}$$

- The  $\Phi$  and change in  $M$  are used to extract the fluorescence lifetime.

Jameson, D.M. (2014). Introduction to Fluorescence, pp 101-110.

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### Frequency domain data analysis by phasor plot

- The **phasor plot** is used to display frequency characteristics of the emission signal.
- The phasor is the projection of the emission signal waveform as a vector rotating about the origin in a complex plane.

<http://upload.wikimedia.org/wikipedia/commons/8/89/Unfasor.gif>

Cole & Cole (1941) J Chem Phys 9:341  
 Jameson et al. (1984) App Spec Rev 20:55  
 Redford & Clegg (2005) J Fluoresc 15:805

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### Frequency domain data analysis by phasor plot

- The cosine function projects a vector onto the real axis, and the phase angle ( $\alpha$ ) formed with the real axis measures the phase delay.

$\alpha$  is the phase angle – hence a phasor.

Weber (1981) J Phys Chem 85:949

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### Frequency domain data analysis by phasor plot

- The phasor plot maps the  $\Phi$  and  $M$  from every image pixel using the Fourier transform components  $S$  and  $G$ .
- For fluorophores with **single component decays**, the relationship:
 
$$M = \cos \Phi$$
 describes vectors with an endpoints falling somewhere on a **universal semicircle**.

Weber (1981) J Phys Chem 85:949

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### FLIM analysis by phasor plot

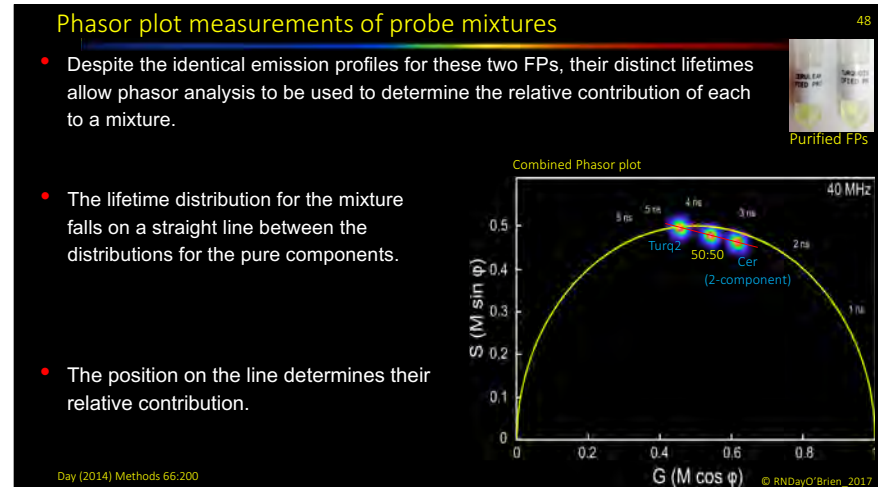
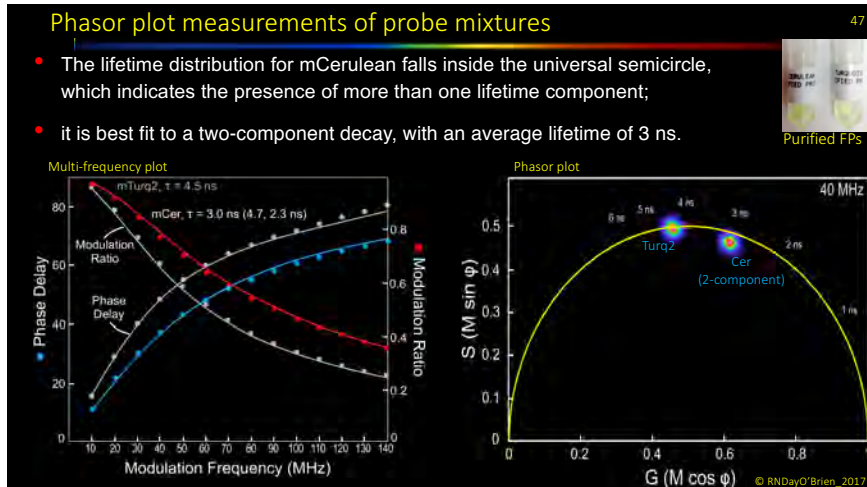
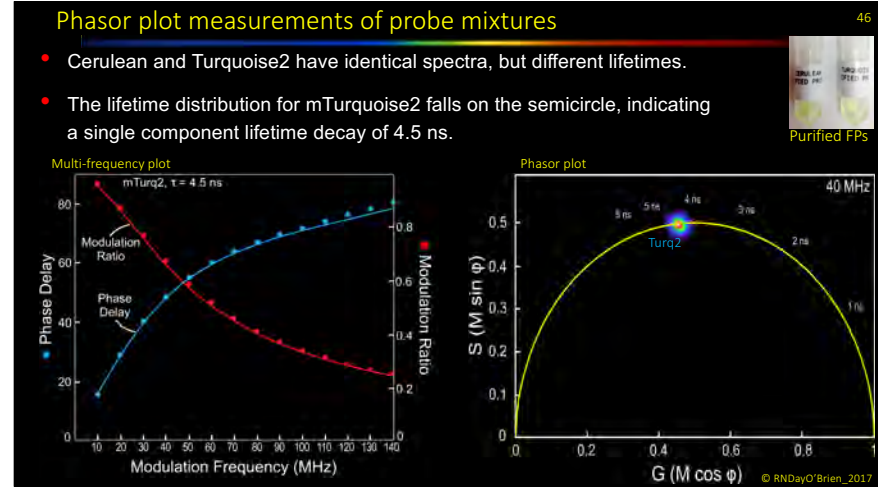
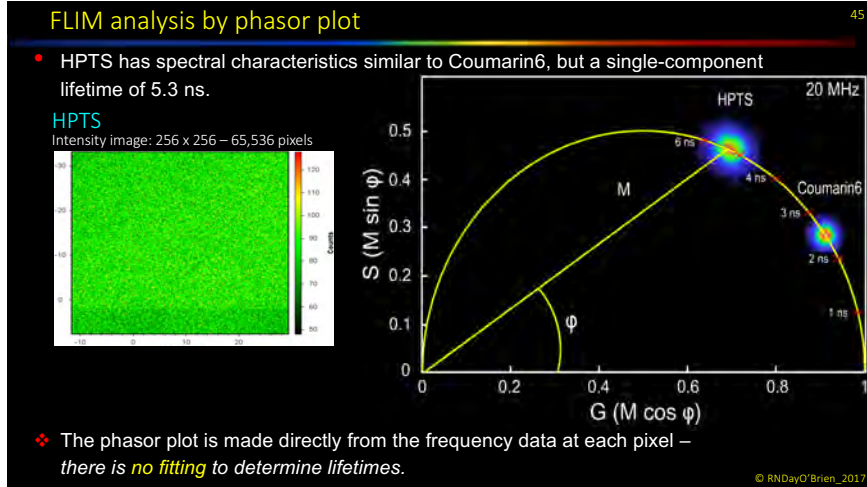
- Coumarin 6 has a single-component lifetime of 2.5 ns.

Intensity image: 256 x 256 – 65,536 pixels

20 MHz

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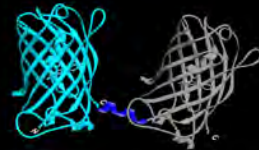
Intramolecular FRET: measurements of the FRET standards

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- To validate measurements of FRET, FRET standards were generated using Turquoise coupled to Venus through progressively longer linkers.

FRET Standard	Linker composition
Turquoise- 5 aa - Amber	-SGLRS-
Turquoise- 5 aa - Venus	-SGLRS-
Turquoise- 10 aa - Venus	-SGLRSPPVAT-
Turquoise- 17 aa - Venus	-SGLRSRAQASNAAVDGT-
Turquoise- 27 aa - Venus	-SGLRSENYFQGPREFPGGTAGPVATV-
Turquoise- 36 aa - Venus	-SGLRSENYFQGPREFPGGTGSGRGS GTGTAGPVAT-
Turquoise- 46 aa - Venus	-SGLRSENYFQGPREFPGGTGSGRGS GTGTAGPVAT-

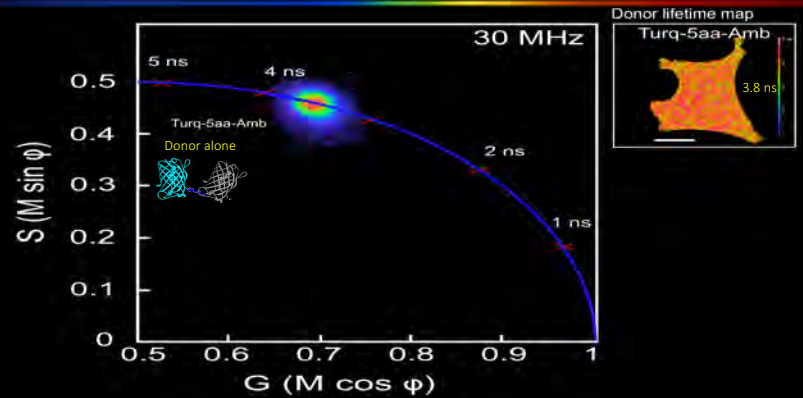
- Fusions were also created with Amber - the Y66C mutant of Venus that folds correctly, but does not act as a FRET acceptor.



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FLIM analysis by phasor plot: FRET standards in living cells

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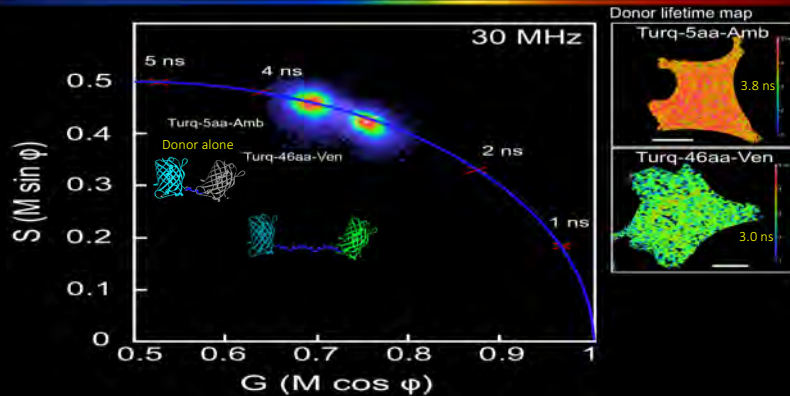
- Turq-5aa-Amb has a single lifetime of 3.8 ns.

\* Ven Y66C (Amb) folds but doesn't absorb or emit - control for probe environment

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FLIM analysis by phasor plot: FRET standards in living cells

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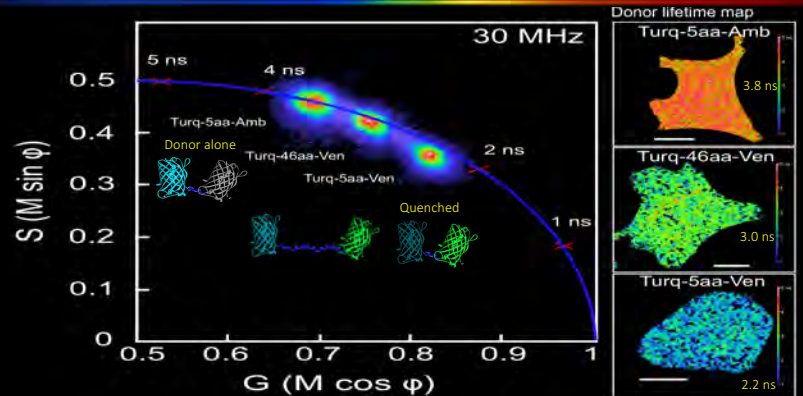


- Turq-46aa-Ven is weakly quenched:  $E_{FRET} = 1 - (\tau_{DA}/\tau_D) = 24\%$

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FLIM analysis by phasor plot: FRET standards in living cells

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- Turq-5aa-Ven is strongly quenched:  $E_{FRET} = 1 - (\tau_{DA}/\tau_D) = 43\%$

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